



fig. A

# INSTRUCTIONS

Print to "Actual Size" on an 8.5x11 inch piece of paper. Do not "Scale" or print "Fit"

Cut out strips.

Place black box under the next strip and tape in place. (fig. A)

The measuring device should sit 1/2" above the brow line and 1/2" above the top of the ear. (fig. B)

Mark where the tape overlaps.

Your mark should fall within one of the four zones. If it is in between choose the smaller of the two.

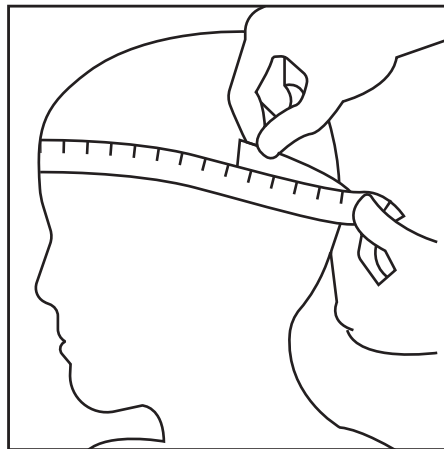


fig. B